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J Christ Nurs. 2012 Oct-Dec;29(4):217-21.

Pet therapy: dogs de-stress students.

Young JS.

Abstract

Research supports the efficacy of the human-animal bond and **pet therapy** in a variety of settings. At nursing students' request at one school, the author began offering **pet therapy** prior to examinations. Anecdotal evidence of a study with the author's Golden Retriever, Goldilocks, demonstrates that **pet therapy** can reduce test anxiety and improve nursing student performance.

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MeSH Terms

LinkOut - more resources