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## **A Survey of the Use of Complementary and Alternative Medicine in Illinois Hospice and Palliative Care Organizations.**

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### **Abstract**

This research assesses complementary and alternative medicine (CAM) use and administration for patients and family caregivers in Illinois hospice and palliative care organizations. An online survey was administered to a sample of 108 contacts of Illinois organizations listed in the National Hospice and Palliative Care Organization website, and 90.3% of the responding organizations offered some type of CAM. The top 5 most frequently offered CAM modalities to patients were **pet therapy** (64.5%), music therapy (61.3%), massage therapy (54.8%), art therapy (29.0%), and energy therapies (25.8%); these were the same top 5 offered to families but with different frequencies. Findings regarding utilization, administration, financing, and spiritual/cultural competency are discussed with policy recommendations for data collection, administrative improvements, and integration of CAM providers into service delivery.

**KEYWORDS:** complementary and alternative medicine, complementary therapies, end-of-life care, family caregivers, hospice administration, hospice care, integrative palliative care, service delivery

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